

Little Ballerinas

e-news
Day 1

Hello to all our “little ballerinas” and their families!

This is simply an introductory newsletter prior to your first lesson next week!

I hope your daughter is excited and looking forward to dance classes in Fairy Ballet and Dance FunTime.

There is no need to come too early for your class – 5 minutes before or on time is perfectly fine,
as there is the “I’m here to dance today” time for the first 5 to 10 minutes.

I hope everyone has a wonderful year at Little Ballerinas with lots of fun, skill development and creativity.

Yours in dance, Miss Trish

A reminder about what to wear



Orders are currently being placed for Little Ballerinas tops and tutus. Naturally these take a few weeks turn-around time, so in the meantime, simply wear a suitable top and tights to class. If you have a leotard, skirt or fairy dress of course you can wear that too!

Fairy Ballet:

Class tutu - \$35 – pay and order through Miss Trish

Pink ballet tights or pink or white ankle socks

Pink ballets (No jiffies – great for dress ups, but too slippery for dance) LABEL

Wear your Little Ballerinas top over the leotard when arriving and leaving.

~ The tights and ballets can be bought at Bloch at Miranda Westfield or Danz Design in Penshurst.

Dance FunTime:

Little Ballerinas top (Part of your registration - through Miss Trish)

Any coloured tights/leggings

Socks

Ballets preferable – soft soled joggers if need be. LABEL

What to expect in the first lesson or two.... (or three or four.....)

As you can imagine, it can take a while for the students to feel comfortable with what goes on, so let me say “anything can happen!” 😊

Prepare your daughter about what to expect, by telling them a little like the following:

- You get to place a sticker next to your name when you arrive each lesson – find your name (with some help of course!) and this means you’re here today to dance!
- You’ll get to dance on the floor and all around the room to magical music.
- To listen and follow the dance movements that your dance teacher Miss Trish does.
- There might be fairy wands, ribbons and scarves to dance with.
- You get to sing songs sometimes.

The first 5 to 10 minutes of the lesson, the same song will play – the class theme song. If you need to speak to me, please do so during this time. The girls are free to move around during this time (occasionally I will put props out) or please simply get them ready for the class.

The formal part of the lesson will start with our theme class dance which they progressively learn, copying extra each week too. We also finish the lesson with this, for familiarity purposes.

Know that your child won’t do everything! These classes are all about introducing dance movements and allowing the children to explore movement which is critical at this age. Even if they are not doing the movements, you would be amazed at what they are taking in. For those children that sit down for part of the lesson, I make out, that that too is part of dancing – I will give them a prop and in their own time, they will be up again.

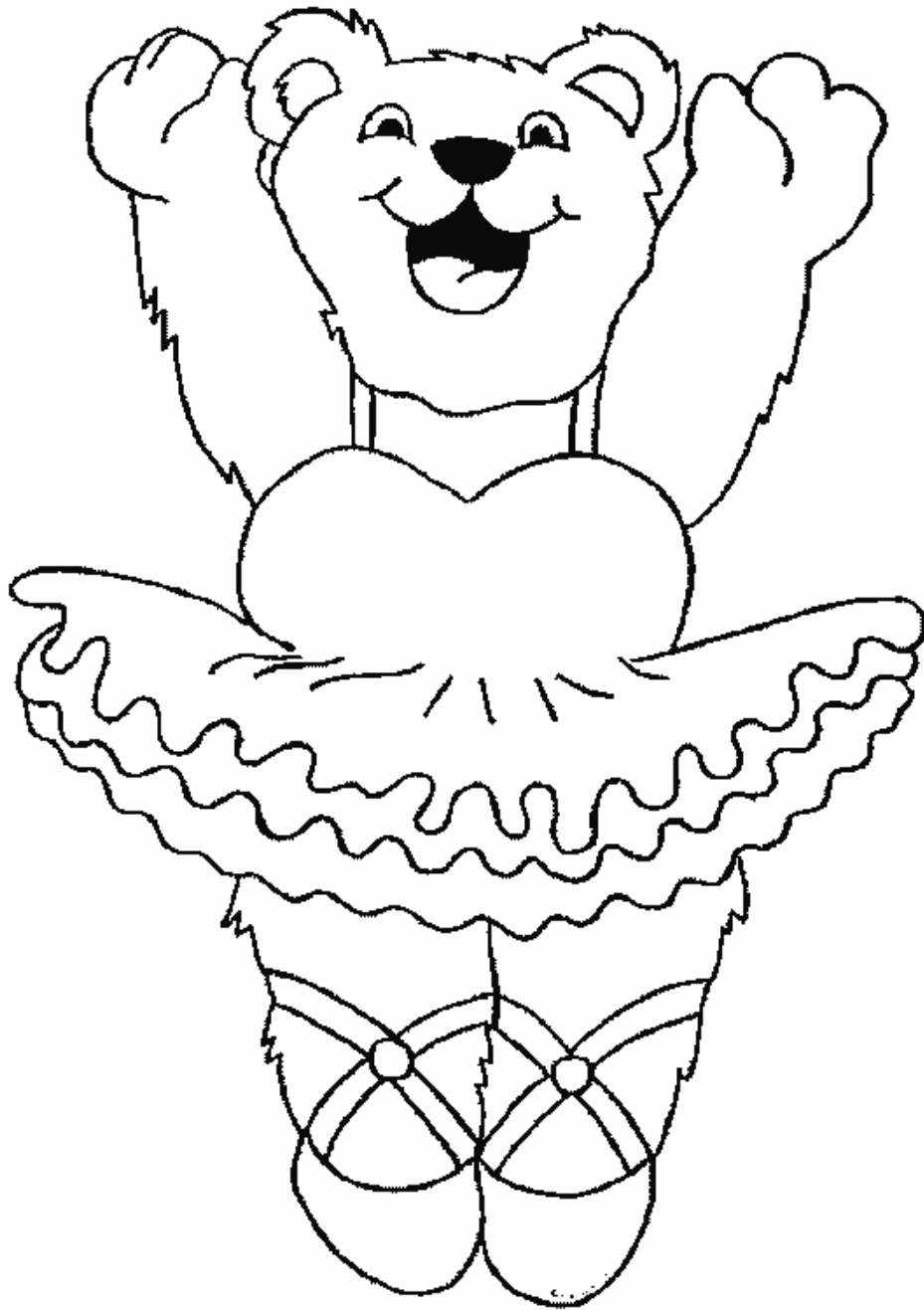
In some parts of the lessons I will break things down, other parts they will simply follow. Both are important learning methods.

Please let your child know that you can stay and watch the first lesson, but after that, it is “dance class time especially for you with your new friends.” Naturally feel free to wait just outside the hall where you may be able to see.....or take advantage of the free time!

Colouring in page

Print out the Little Ballerinas colouring in page below for your daughter – As you can see, it’s a dancing bear in a tutu! Very cute and great to get them excited!





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